

3rd Next Big Chef 2019

Guidelines:

- 1) This competition is open to all Form 5 and O-level students.
- 2) Participants are required to follow the rules and regulation of the competition. Failure to do so will result in forfeiture.
- 3) Competition will have 2 levels:
 - Recipe writing
 - Grand Finale
- 4) The theme for this year's competition is Heritage Malaysian Cuisine Hidang Set.
 - (Example: Malay, Nyonya, Peranakan, Indian or Chinese Cuisine)
- 5) Participants are required to use the "**Standard Recipe Form**" as attached. The recipe should be a 1 set course for 4 pax.
- 6) The dish should consist the following criteria (as stated in the form): 4pax
 - 1 Rice Dish Example: Nasi Tomato
 - 1 Protein (Chicken, Beef, Lamb, or Seafood) Example: Ayam Masak Merak
 - 1 Vegetable Dish Example: Masak Lemak Pucuk Paku
 - 1 Side Dish Example: Ulam-ulam / Kerabu/ Urap/ Pie Tee
 - * The dishes will be served in talam or suit with the cuisine origin.
- 7) Top 50 recipes will be shortlisted to Grand Finale.
- 8) On **9**th **March 2019** Shortlisted Finalist Briefing at UCSI University
- 9) On 16th March 2019 Grand Final UCSI University
- 10) Participants will prepare the recipes that has been submitted and prepare the cuisine accordingly within the time allocated during Grand Finale.
- 11) The allocated time for Grand Finale is two (2) hours.
- 12) Participants are required to bring their own ingredients and cooking equipment.
- 13) The organizers will provide:
 - Two (2) stove for each station
 - One (1) plug points for each station
 - One (1) Apron
 - One (1) Next Big Chef 2019 T-Shirt
 - And other sponsored items



*Participants MUST use below for the recipe form. Participants may submit forms to their respective school counsellors or whatsapp to Ms. Grace Hoh at $016 - 986\,8410$. Deadline for submission is 15^{th} February 2019.

1. Name /IC No:

Standard Recipe Form

T-shirt Size:		
2. Name / IC No:		
T-shirt Size:		
School Name:		
Contact No / Email:		
48 1-10		
Rice Dish:		
Ingredients	Grams	Method
NEXT		CHEF
Protein Dish:		
Ingredients	Grams	Method
	I	

Vegetables Dish:		
Ingredients	Grams	Method
1111		
1111		
Side Dishes:		
Ingredients	Grams	Method
NEXT		CHEF
_		